

Brief Negotiated Interview (BNI) Checklist

- 1. Introduce self and MI style, with permission**
- 2. Confirm SBIRT screening(s) completed**
- 3. Provide brief feedback from screen(s), express concern**
- 4. Identify target substance(s) with patient**
- 5. Decisional balance exercise (with target substance)**
- 6. Importance ruler, scaling questions (with target substance)**
- 7. Confidence ruler, scaling questions (with target substance)**
- 8. Readiness ruler, scaling questions (with target substance)**
- 9. Obtain & record goal (e.g., cutting down, stopping)**
- 10. Close with summary of the session**
- 11. Make warm hand-off referral to substance use disorder treatment (SUD), if applicable**